



MADPLAN




Uge:



Man 

Meal plan grid for Monday with icons: Pumpkin, Beans, Bowl of food, Pumpkin, Beans

Tir 

Meal plan grid for Tuesday with icons: Grapes, Apples, Pear, Grapes, Apples

Ons 

Meal plan grid for Wednesday with icons: Basket of food, Banana, Orange, Basket of food, Banana

Tor 

Meal plan grid for Thursday with icons: Peach, Carrot, Cauliflower, Peach, Carrot

Fre 

Meal plan grid for Friday with icons: Salmon, Acorn, Salmon, Acorn

Lør 

Meal plan grid for Saturday with icons: Watermelon, Carrot, Watermelon, Carrot

Søn 

Meal plan grid for Sunday with icons: Watermelon, Pot, Coffee cup, Watermelon, Pot



Meal plan grid for Sunday with icons: Strawberry, Banana, Dish, Strawberry, Banana